

# Recycled Baby Hats

## Materials:

One cotton jersey t-shirt  
Sewing Machine or Serger  
Stretch sewing machine needles (if using a sewing machine)  
Thread  
Scissors

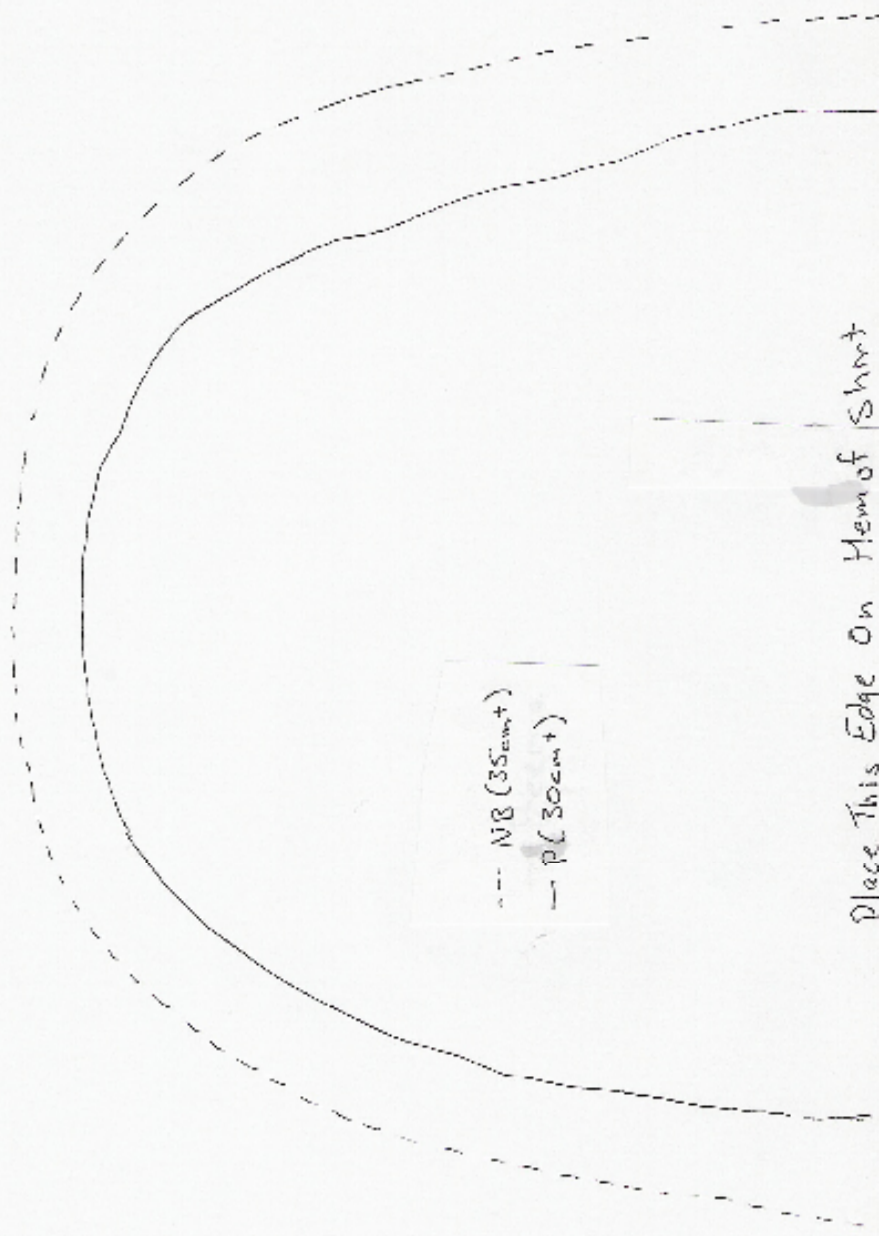
## Instructions:

1. Print pattern template at 100% onto an 8.5 x 11 inch piece of paper, extending the side seams all the way to the side of the page.
2. Turn your t-shirt wrong side out.
3. Lay t-shirt flat. Place template on top of the t-shirt, with the bottom edge of the pattern along the hem of the shirt. If you place the template carefully, you can get more than one cap from a large shirt. (You can also get “rolled brim” caps if you cut them from the body of the shirt, jersey will not ravel like other fabrics, so there is no finishing or hemming required)
4. Cut around the edge of the template, through both layers of the shirt.
5. Pin the two hat pieces in place, keeping the right sides together.
6. Adjust your sewing machine as needed for jersey (see sewing tips below), and set the stitch selector to a zigzag stitch.
7. Starting at one edge of the hem and using a 1/2” seam allowance, stitch up one side of the hat and down the other, stitching forward and backwards for a few stitches at each end to secure the stitching.
7. Trim the entire seam close to the stitches if you are using a conventional sewing machine being careful not to cut too close or through the stitching. (Skip this step if you are using a serger)
8. Turn hat right side out, and find a baby who needs it!

## Sewing Tips:

Sergers are fantastic for sewing with stretchy fabrics like jersey, but you can also use a conventional sewing machine.

- Read your sewing machine manual for tips on sewing with stretchy fabrics – it will often give specific details on adjusting tension and pressure foot appropriately for your machine.
- Test a scrap of the fabric to see how it will sew, and adjust tension accordingly before beginning the cap.
- Pin your pieces together every 1.5” or so to keep them from slipping as you sew. Don’t forget to remove the pins BEFORE you stitch over them, especially if you are using a serger!
- To help prevent slipping or “wavy edges” when working with stretchy fabrics, you may find it useful to gently guide (don’t pull) the fabric from both the front and back of the needle as it goes. Test this method with the scraps.



--- NB (35cm)  
— P (30cm)

Place This Edge On Hem of Shirt